

Greenfield Children's Centre Activity Timetable May 2012

DAY	TIME	ACTIVITY
MONDAY	10.30am - 11.30am Appointment Only 1.30pm - 3.30pm	Little Sensations (For under 2's) - £1.50 NHS Health Trainer - Free Baby Clinic (Rushall Medical Centre) - Free
TUESDAY	Appointment Only 2.00pm - 4.00pm 9.45am - 4.00pm	NHS Health Trainer - Free Baby Clinic (St John's Medical Centre) - 1st, 15th, 22nd and 29th May Mobile Dentist (Tuesday 29th May) - Free Check Ups
WEDNESDAY	1.30pm - 3.30pm 10.00am - 4.00pm	8 Month Baby Checks - Health Visitor *Appointment Only* Playscheme (Wednesday 6th June) - £19.00
THURSDAY	9.30am - 11.00am 1.30pm - 3.00pm Appointment Only 9.30am - 11.30am 10.00am - 4.00pm 9.00am - 9.45am	Little Explorers (For over 2's) - £1.20 Little Explorers (For under 2's) - £1.20 NHS Health Trainer - Free Childminder Support Group (10th and 24th May) - Free Playscheme (Thursday 7th June) - £19.00 Walk on Walsall (Healthy Walking Group) - Free
FRIDAY	10.00am - 11.00am 4.15pm - 5.15pm 10.00am - 4.00pm	Coffee Morning - 50p Cheerleading (For over 4's) - £3.00 Playscheme (Friday 8th June) - £19.00

Greenfield Children's Centre, Coalheath lane, Shelfield, Walsall. WS4 1PL.
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Little Explorers - Over 2's

A new group for parents/carers & pre-school children over 2 years to meet up, play together & have fun. Refreshments provided.



Weaning Party

This group includes exploring ideas and experiences around weaning. This includes trying out new recipes with your child. Food & refreshments provided. Date to be confirmed.

Little Sensations

This group is based on sensory. Relax in a calm and friendly environment while your child explores their sense of touch, smells, sound & colours.



Childminder Support Group

For registered Childminders to meet in a convenient location with resources and support available on prior request.



Playscheme

Our next Playscheme will run from **Wed 6th June** until **Fri 8th June**. The Playscheme is suitable for all children aged between 3 to 8 years and there are a wide variety of fun activities to keep both boys and girls more than entertained. To book a place please call Claire on 01922 694143 or feel free to pop into the Centre at any time.

Bank Holidays

The Centre will be closed for May day on:
Monday 7th May.
We will also be closed for Bank Holiday Monday and the Queens Diamond Jubilee on:
Monday 4th June and **Tuesday 5th June**. We will be back to normal on Wednesday 6th June.

Healthy Start Vitamins

Pop along to Greenfield Children's Centre to exchange your vouchers for Vitamins. Please ask to speak to David or Claire (Family Support).

Cheerleading Classes

Our most new and exciting group for children aged over 4 years old. No need to book, just come along on a **Friday** from **4.15pm - 5.15pm**.

Family Support

Here at Greenfield Children's Centre we offer a family support service on a one to one basis. We can help families who are experiencing a difficult period in their family life or even work with you to improve parenting skills by visiting you at home and deciding together what is best for you. Whatever you need to discuss with us will remain confidential at all times. You can come into the Centre or call David or Claire on: 01922 694143.

Toy Library

The Toy Library will be visiting the Centre on: **Friday 11th May** from **10.30am**. Please feel free to pop along and take a look at the wide range of toys, which are available for you to borrow.

NHS Health Trainer

For parents and carers who are looking to make a healthy change to their lifestyle. Please contact the centre to book or call free on 0121 568 4349.

Mobile Dentist

The mobile dentist van will be visiting the Centre on: **Tuesday 29th May** from **9.45am - 4.00pm**. Free dental checks for everyone.

Baby Clinics

There are two local Doctors Surgeries where you can take your little ones to be weighed or speak to a Health Visitor.

Rushall Medical Centre
Monday's 1.30pm - 3.30pm.
St John's Medical Centre
Every Tuesday apart from the second Tues of the month. 2.00pm - 4.00pm. Our Family Support workers (Claire and Dave) also attend the Clinics most weeks so please feel free to have a chat with either of them, they will be more than happy to help.

Childcare

We offer a whole range of Childcare for children aged 6 months to 3 years. We provide hourly, half day or full day sessions and also a wrap around service. For more information please call us on: 01922 694143.

Condom Distribution

We are now part of Walsall's Free Condom Distribution Scheme. Please speak to Claire or David for details.

Little Explorers - Under 2's

A group for parents/carers & children under 2 years to meet up, play together & have fun.



Coffee Mornings

Come along for a late breakfast and a cuppa. Chat to other parents/carers as your little one enjoys different activities with other children.



8 Month Checks

We now have a health visitor here at the Centre every Wednesday afternoon carrying out 8 month baby checks. It is based on appointments so to book, please call Claire on: 01922 694143.

Chlamydia Screening

We are now part of Walsall's Free Chlamydia Self Screening service. For a free screening pack please ask to speak to Dave or Claire. It will be kept strictly confidential.

